My mom had four or five crock pots and would mass produce food for our family, friends, and community. As one of her great lessons was to feed people and to show love through food, we decided that “Recipes for Life” from our loved ones would be a good way for the different school groups that make up our charter to share wisdom from someone they lost. The recipe cards represent something you collect as you go through life, and are gifts that our loved ones gave us to help us live our best life, even if they are no longer with us.